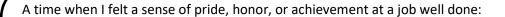
## Joy and Meaning in the Workplace

What work tasks feed or sustain me?







When do I feel like I am fully expressing or fulfilling my potential?



What parts of my work feel creative, innovative, and interesting?



What kinds of positive feedback from others mean the most to me?



Specific feedback I have received that has meant a lot:

- •
- •
- •

Times when I can see the impact/relevance my work had for others:

Peak moments in my professional career:

- •
- •
- •
- •



Taking stock of meaning. Given what I have written:

- What anchors (matters most to) me in my work?
- What is the most meaningful or best part of my work?

