



NAVIGATING PATHWAYS FOR FAMILIES IN RECOVERY

CROSS INSURANCE CENTER

515 MAIN STREET, BANGOR, MAINE

KEYNOTE PRESENTATION

Supporting Families Affected by Substance Use Disorders

presented by

Nancy K. Young, PhD, MSW

Executive Director, Children and Family Futures



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WE HAVE APPLIED FOR CEUs WITH THE ALCOHOL AND DRUG ABUSE LICENSING BOARD.

APPROVAL FOR GUARDIAN AD LITEM, PSYCHOLOGY, AND CONTINUING LEGAL EDUCATION (CLE) CREDIT IS BEING SOUGHT.

MORNING AGENDA

- 8:00 - 8:30 REGISTRATION
- 8:30 - 8:45 WELCOME AND HOUSEKEEPING
- 8:45 - 10:15 **KEYNOTE - Supporting Families Affected by Substance Use Disorders**
Nancy K. Young, PhD, MSW
Executive Director, Children and Family Futures
- 10:15 - 10:30 BREAK
- 10:30 - 12:00 **MORNING BREAKOUT SESSIONS**
- A. **Ethical Considerations for Working with Families**
Kelli Fox, LCSW, LADC, CCS
Director of Field Education, UNE School of Social Work
- B. **Guilt Driven Parenting and Guilt's Best Friend Grief: Families' Recovery from Addiction**
Robert Fickett, *Peer Support Coordinator*
Bangor Area Recovery Network
Michael Augustine, LMSW, *Child Welfare Worker*
Penobscot Nation Department of Social Services
- C. **Assessing and Evaluating the Potentially Impaired Person**
Tom Reagan, *Law Enforcement Liaison*
Maine Bureau of Highway Safety
- 12:00 - 1:00 LUNCH

OPTIONAL LUNCH WORKGROUP

Improving Clinical Reporting to the Courts

Facilitated by Patrick McFarlane, MSN-APRN, MSW, MA

An interactive focus group about a project to limit being called to court for reporting of simple facts of a case. GALs, AAGs, Family Court Officers, and anyone on the defense bar are encouraged to attend.

AFTERNOON AGENDA

- 1:00 - 2:30 **AFTERNOON BREAKOUT SESSIONS**
- D. **Creating and Sustaining Collaborative Partnerships**
Nancy K. Young, PhD, MSW
Executive Director, Children and Family Futures
- E. **The Two-Step Dance of Trauma and Addiction**
Judith Josiah-Martin, PhD, ACSW, LMSW-CC, CADC
Faculty, University of Maine School of Social Work
- F. **Understanding Addictive Behavior**
Larry Tyler, MEd, LADC, CCS
- G. **Assessing and Evaluating the Environment for Indications of Substance Abuse**
Tom Reagan, *Law Enforcement Liaison*
Maine Bureau of Highway Safety
- 2:30 - 2:45 BREAK
- 2:45 - 4:15 **PLENARY - Ready, Set, Go! Action Planning and Building Collaborative Capacity**
Nancy K. Young, PhD, MSW
Executive Director, Children and Family Futures
- 4:15 - 4:30 **CLOSING REMARKS**

HANDOUTS AND REFERENCE MATERIALS

will be available on the Wings website
one week prior to the conference.
Please print them if you'd like a hard copy.
www.wingsinc.org

MORNING KEYNOTE

Supporting Families Affected by Substance Use Disorders

In the past three decades, the United States has experienced at least three major shifts in substances of abuse that have had dramatic effects on children and families. Studies indicate that there is substantial overlap between parents involved in the child welfare and substance use treatment services. This presentation will provide a national perspective on the issue, policy and practice changes impacting families, and cite examples of states, tribes and communities working to address the problem.

In July 2016, the Comprehensive Addiction and Recovery Act (CARA) was signed into law including amendments to the Child Abuse Prevention and Treatment Act (CAPTA). The CAPTA amendments focused on improving well-being and safety for infants affected by prenatal substance exposure and their families or caregivers by: including both legal and illegal substances in the categories of infants to be identified, specifying requirements for notification to child protective services, stipulating the development of a plan of safe care that includes the treatment needs of the family/caregiver in the plan, and increasing the monitoring requirements.

The presenter will describe tactics used by states engaged in the NCSACW 2-year In-Depth Technical Assistance (IDTA) initiative on Substance Exposed Infants. The initiative, currently serving six states, is strengthening the capacity of states to serve pregnant women with substance use disorders, and their infants with Neonatal Abstinence Syndrome (NAS). Through the initiative, partners deepened their understanding of barriers that impede or deter women and infants from receiving care. With assistance from the NCSACW, state partners created practice, policy and protocol changes for effective cross-system service delivery for these women and infants.

LEARNING OBJECTIVES:

1. Attendees will understand the effect of substance use disorders on outcomes for infants and children and how the increase in opioid use disorders among pregnant women places additional pressures on the systems that serve children and families.
2. Attendees will learn how collaborative teams can develop an approach to implement comprehensive and effective CAPTA Plans of Safe Care.
3. Attendees will understand best practices in serving parenting and pregnant women with substance use disorders and their infants.

AFTERNOON PLENARY

Ready, Set, Go!

Action Planning and Building Collaborative Capacity

This closing plenary will present strategies and experiences from communities that have implemented policy and practice changes to improve outcomes for families affected by substance use disorders. The presenter will highlight key action steps for collaboration between child welfare, substance use disorder treatment, family courts, and community agencies. NCSACW believes that collaboration is not just a useful add-on in child welfare, but it is the critical link to resources that the system needs for success.

LEARNING OBJECTIVES:

1. Attendees will leave with clear action steps on how to build their collaborative practice.
2. Attendees will understand system linkages essential to building collaborative relationships.

MORNING BREAKOUT SESSIONS

A. Ethical Considerations for Working with Families

Kelli Fox, LCSW, LADC, CCS

This workshop will focus on the multilevel ethical considerations for working with families, particularly those with issues of substance use disorder. We will explore the intersection of confidentiality, mandated reporting and our ethical responsibility to “do no harm”. We will also discuss the essential practice of self-awareness and self-reflection to understand our own biases in working with kids and families, substance use disorder, and child welfare.

LEARNING OBJECTIVES:

1. Participants will understand and be able to articulate the multilevel ethical considerations when working with families with issues of substance use disorder.
2. Participants will recognize the intersectionality and sometimes competing ethical standards, confidentiality and values working with families involved in with the child welfare system.
3. Participants will understand the impact personal and cultural bias may have on families they are working with.

B. Guilt Driven Parenting and Guilt’s Best Friend Grief: Families’ Recovery from Addiction

Robert Fickett
Michael Augustine, LMSW

The backdrop of this workshop is the personal recovery stories of a parent and a child impacted by addiction and their interface with child welfare. It is vital to understand the dynamics of addiction on the individual and family system and the paradox of the love and loss in order to effectively achieve permanency. Through their stories and wisdom, this workshop will explore the reciprocal stigmas and ways to create paths toward healing.

LEARNING OBJECTIVES:

1. Participants will be able to identify 2 indicators that a family is ready to have a healing conversation about addiction with each other.
2. Participants will be able to identify 2 ways to effectively utilize teaming to support families in recovery.
3. Participants will be able to identify 2 ways to support the family rebuilding trust.
4. Participants will be able to identify 3 ways to address stigma related to addiction that impacts families and providers, as well as how it impacts the way they work together.
5. Participants will be able to identify stigmas towards families in recovery as well as stigmas families may have toward providers.

C. Assessing and Evaluating the Potentially Impaired Person

Tom Reagan

This workshop will provide education to assist those who interact with a potentially impaired person. The use and abuse of various substances, such as alcohol, opiates, methamphetamines and marijuana, continues to be a problem in Maine and across the country. When working with individuals and families for whom substance use disorders are a concern, determining when and how to engage a potentially impaired person, when to summon emergency assistance, and when to leave a situation for one’s own safety are critical assessments and decisions. Being able to identify indications of substance impairment not only allow for better decision making, but also allow for more descriptive documentation and communication about such interactions. Such identification is often the necessary precursor to helping someone with a substance use disorder take the first steps toward recovery.

LEARNING OBJECTIVES:

1. Participants will be able to describe the prevalence of drugs in Maine.
2. Participants will be able to describe the outward signs/symptoms of substance misuse.
3. Participants will be able to describe indications of substance overdose.

AFTERNOON BREAKOUT SESSIONS

D. Creating and Sustaining Collaborative Partnerships

Nancy K. Young, PhD, MSW

Screening and assessment, as well as communication and active collaboration across systems, help ensure that parents in need of substance use treatment are identified and receive appropriate treatment in a timely manner. This workshop will explore strategies at both a systems and practice level that improve communication across systems for the benefit of children and families. The Screening and Assessment for Family Engagement, Retention, and Recovery model, drug testing, and communication protocols will be presented. Participants will learn how to implement these strategies in their jurisdictions.

LEARNING OBJECTIVES:

1. Participants will identify collaborative partnerships necessary to develop a coordinated response to work effectively with families affected by substance use disorders.
2. Participants will learn how to implement communication protocols.
3. Participants will learn best practices for drug testing in child welfare settings.

E. The Two-Step Dance of Trauma and Addiction

Judith Josiah-Martin, PhD, ACSW, LMSW-CC, CADC

The presence of childhood and lifelong trauma may increase vulnerability to addiction and other mental health disorders; impact treatment engagement, sustainment and outcomes. Understanding the need for an integrated approach to working with clients with these features will be the focus of this session.

LEARNING OBJECTIVES:

1. Participants will be able to identify relationships between trauma and substance use disorders.
2. Participants will be able to recognize unique challenges for individuals, special groups, and organizations.
3. Participants will be able to identify different models and interventions to providing care for individuals, and families who struggle with this co-occurring duo.

F. Understanding Addictive Behavior

Larry Tyler, MEd, LADC, CCS

Sometimes, simple questions are the hardest to answer. To patients, family members and much of the community, addictive behavior seems willful, senseless and deliberately destructive. This workshop examines the actual nature of addiction, cravings, early recovery and relapse, and explores effective ways to respond to some very basic but challenging questions professionals are often asked: *Why do addicts do what they do? Can't they see how they're destroying themselves and others around them? Don't they care about their kids? Don't they ever feel guilty? Everyone knows how dangerous drugs are; why did people get started on them in the first place? Why is it only some people get addicted to drugs? How can people even think about going back to drugs after they've gone through withdrawal?*

LEARNING OBJECTIVES:

1. Participants will be able to describe how natural brain functioning can lead people into addiction and relapse.
2. Participants will recognize and address underlying concerns family members have about addictive behavior.
3. Participants will learn specific "do's and don'ts" to reduce stigma when they are educating people about addiction.

G. Assessing and Evaluating the Environment for Indications of Substance Abuse

Tom Reagan

This workshop will provide education to those who will potentially find themselves in an environment where substance use, manufacturing, or processing is taking place. Being able to identify and evaluate the significance of environmental clues can be a crucial skill set for those who meet with clients or families in the home or other community settings. By recognizing these clues, workers will be better able to determine whether and how to engage their client, when to summon emergency assistance, and how to make choices that maximize the safety of everyone involved. Such recognition of environmental factors is necessary to thoroughly evaluate a client or family, identify issues that create unsafe conditions, and provide or initiate services to assist a family as they work toward recovery.

LEARNING OBJECTIVES:

1. Participants will be able to describe the prevalence of drugs in Maine.
2. Participants will be able to identify at least two methods of drug ingestion.
3. Participants will be able to describe at least three items of drug paraphernalia.
4. Participants will be able to identify at least three indications of clandestine drug manufacturing/processing.

PRESENTER BIOGRAPHIES

NANCY K. YOUNG, PHD, MSW

Dr. Nancy K. Young is the Executive Director of Children and Family Futures (CFF), a California-based research and policy institute whose mission is to improve safety, permanency, well-being and recovery outcomes for children, parents and families affected by trauma, substance use and mental disorders. CFF operates a number of evaluation and technical assistance programs. Since 2002, she has served as the Director of the federally-funded National Center on Substance Abuse and Child Welfare and the Director of the Administration on Children and Families technical assistance program for the Regional Partnership Grants since 2007. In 2010, she began serving as the Director of the Office of Juvenile Justice and Delinquency Prevention's technical assistance program for Family Drug Courts and the Statewide System Reform Program in 2014. She led the effort to create the foundation-funded Prevention and Family Recovery Program to implement evidence-based parenting and children's intervention in family drug courts in 2013. In addition, Dr. Young has been involved in numerous projects related to public policy analysis, strategic planning and program evaluation through her work with these programs and serving as a consultant to various states, counties, tribes, communities and foundations on behalf of the children, parents and families affected by substance use and mental disorders involved in the child welfare and judicial systems. Dr. Young is a graduate of California State University Fullerton and received her M.S.W. and her Ph.D. from the University of Southern California, School of Social Work.

KELLI STAR FOX, LCSW, LADC, CCS

Kelli Star Fox holds an MSW from University of New England, School of Social Work and a BA in Psychology from Rutgers University. Kelli has been in the field of mental health and addictions since 1985. Her clinical specialty is working with young children and families. She has provided clinical supervision to students, master and bachelor level clinicians and supervisors for 26+ years. Kelli is the Director of Field Education and assistant clinical professor at the UNE School of Social Work.

ROBERT FICKETT

Robert Fickett is a Son, Father, Brother, Husband and, a person in long term recovery. As the Peer Support Coordinator for the Bangor Area Recovery Network, Robert uses his experience of more than 20 years in active addiction and his story of recovery to support and advocate for individuals affected by the disease of addiction. He is passionate about promoting the viability and strengths of peer based services in addiction recovery and making recovery visible to reduce the stigma and shame around addiction.

MICHAEL AUGUSTINE, LMSW

Michael Augustine graduated from University of Maine with his MSW in 2013. Michael has two little girls ages 5 and a 9 month old. Michael's personal story is one that involves being in foster care for 19 years and aging out of foster care. His experiences within the foster system highlight some of what he has identified as short comings with the child welfare system, but also programs and services that were beneficial to him. Michael has worked for the Department of Health and Human Services (DHHS) in the Office of Child and Family Services (OCFS) as a child welfare worker in the Bangor Office. Michael has worked for OCFS as a Children's Behavioral Health Program Coordinator for Hancock and Washington Counties. Michael is currently employed for the Penobscot Nation Department of Social Services as their child welfare worker.

TOM REAGAN

Tom Reagan retired as a patrol lieutenant in February of 2014 after over 25 years of service with the Bangor, Maine Police Department. He has a long history of traffic enforcement with emphasis on impaired driving enforcement and was one of the first drug recognition experts (DRE) in the State of Maine. He also served as DRE instructor and DRE course coordinator for the National Highway Traffic Safety Administration and the International Association of Chiefs of Police, and has taught or administrated the DRE program in several other states. Tom has lectured in several other states and eastern Canada about the synthetic cathinones (bath salts) and was invited to speak at the National Drug Recognition Expert Conference in 2012 in Seattle, Washington. In 2012 Tom was the recipient of the Maine and the National Enrique Camarena Awards. These awards are presented by the Benevolent and Protective Order of Elks to recognize and honor law enforcement officers who have made a significant contribution in the field of drug prevention and who personify Agent Camarena's belief that one person can make a difference. Tom was also the recipient of the Maine Transportation Safety Coalition's Transportation Safety Champion award. He is recognized for his dedication as a Drug Recognition Expert, and for developing training and teaching on the dangers of bath salts. Since retirement, his interest in traffic safety and drug impaired driving has not waned. He has created several presentations about recognizing drug impairment in the workplace for the Department of Health and Human Services and the Department of Labor. Also, in 2017 Tom was recognized by the International Association Chiefs of Police for his work in the DRE and related programs and is the only Maine DRE granted DRE Emeritus status. Tom now works as a contractor for the Maine Bureau of Highway Safety as the Law Enforcement Liaison; he continues to teach for Dirigo Safety, LLC.

JUDITH JOSIAH-MARTIN, PHD, ACSW, LMSW-CC, CADC

Dr. Judith Josiah-Martin is an educator and clinical social worker. She holds a faculty position at the University of Maine School of Social Work, and was the former University of Maine, Director of Multicultural Student Life. Since 2012, she has been a Research Advisor for the MSW program at Smith College, Northampton MA. As a clinical social worker, she served as the Director of Clinical Services at Crossroads Center Antigua, and worked in agency and private practice settings serving individuals and families. She has co-authored book chapters and numerous articles on women and addiction and specializes in providing trainings on substance use disorders, domestic violence, trauma, as well as the importance of diversity and cultural competence in physical health and mental health service delivery.

LARRY TYLER, MEd, LADC, CCS

Larry Tyler has worked for many years with clients who have complex behavioral health problems including clients with substance use disorders and severe mental illness, trauma survivors, adult and adolescent sex offenders, domestic violence perpetrators and incarcerated clients. He co-founded the first outpatient dual-diagnosis outpatient program in Maine in 1985, has designed and implemented treatment projects for the Department of Corrections and Department of Health and Human Services, and has conducted numerous workshops for professionals in the New England area.

These hotels have offered discounted room rates for conference attendees.
Please mention the **Maine Child Welfare Conference** when making your reservation.
Reservations are first come, first served and must be booked by May 21.

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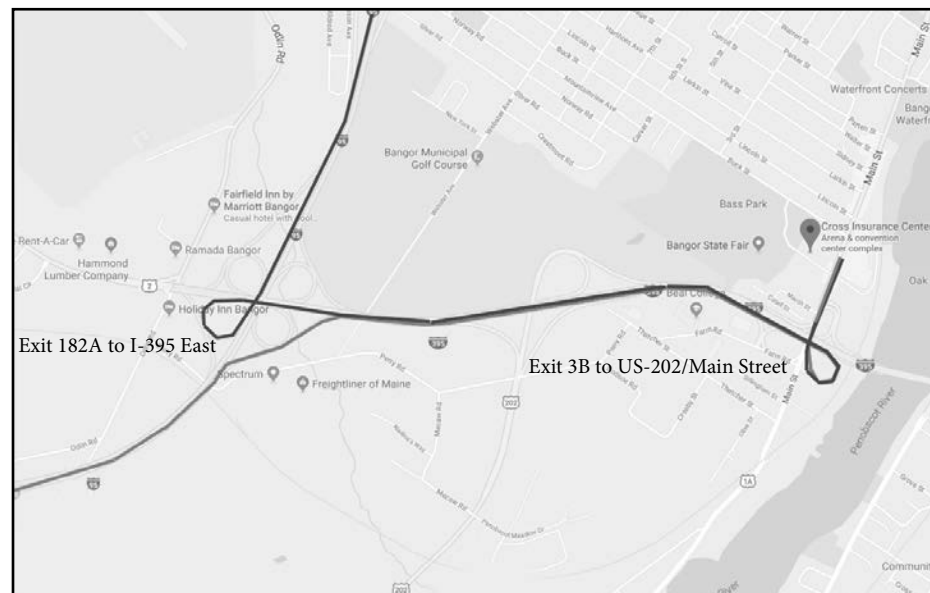
DIRECTIONS TO CROSS INSURANCE CENTER **515 MAIN STREET, BANGOR, MAINE**

Take I-95 to Exit 182A

Merge onto I-395 East

Take Exit 3B to US-202/Main Street

After .5 miles, Cross Insurance Center is on the left



THE MAINE CHILD WELFARE CONFERENCE

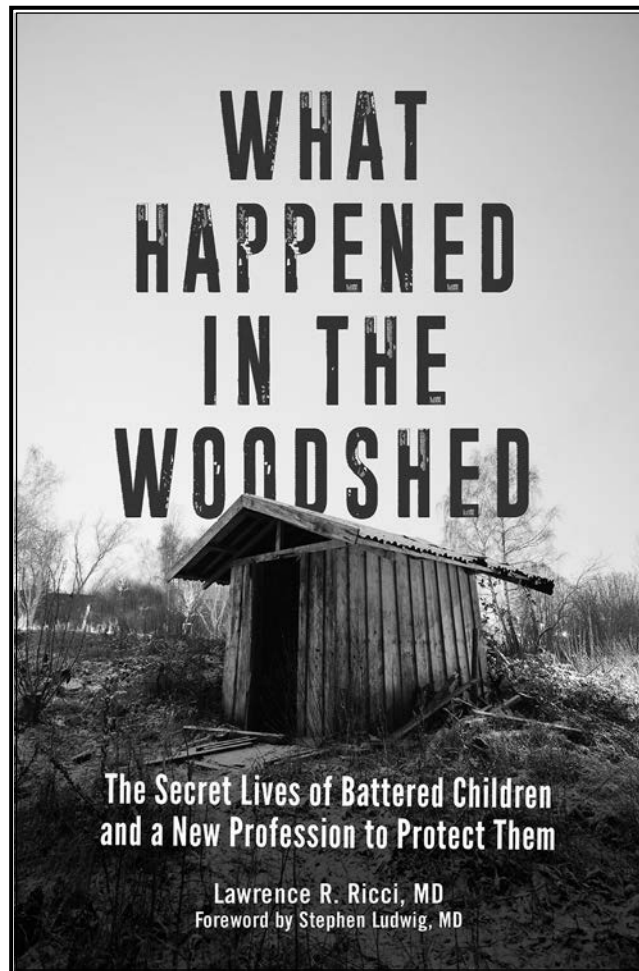
recognizes

DR. LAWRENCE RICCI

In light of his upcoming semi-retirement following the addition of a second Child Abuse Pediatrician to the Spurwink Child Abuse Program staff later this year, the Maine Child Welfare Conference Planning Committee would like to recognize and thank Dr. Lawrence Ricci for his many years of service as a Child Abuse Pediatrician. Dr. Ricci has been instrumental in all levels of child maltreatment

prevention in Maine over the past 30 years and has tirelessly worked to enhance all aspects of the child welfare system through education, advocacy, and program development. Dr. Ricci's newly released book, *What Happened in the Woodshed: The Secret Lives of Battered Children and a New Profession to Protect Them*, is available for purchase on [Amazon](#).*

*The Maine Child Welfare Conference, its organizers, and its speakers receive no financial benefit from any sales.



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JUNE 21, 2018
CROSS INSURANCE CENTER
515 MAIN STREET
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REGISTRATION FORM

Registrations Must Be Received by June 8, 2018

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Please complete for payment method:

Check Enclosed (payable to Wings for Children and Families, Inc.)
 Attn: MCWC

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Bangor, ME 04401
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 Fax: (207)941-2989
 Email: jcambridge@wingsinc.org

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Registration Cost: \$80.00 Sorry, No Refunds Available

NOTE: You must be pre-registered. No registrations accepted the day of the conference

Please email any questions relating to the conference to: mainechildwelfareconference@gmail.com

Check here if you would like to host a resource table
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MORNING BREAKOUT SESSION (Check One)

- A. Ethical Considerations for Working with Families**
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- B. Guilt Driven Parenting and Guit's Best Friend Grief: Families' Recovery from Addiction**
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- D. Creating and Sustaining Coll. Partnerships**
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